

May 27, 2021

# Knights' News

**REMINDER:** Please refrain from bringing peanuts or items with peanuts into the school. This would include classroom snacks and items for activities and/or fundraisers for in the building.

We are a Latex free building as well. No latex balloons are allowed in the building!



**Enjoy your summer!!**

## Articles

### **Summer Vacations**

Ameila Aguilar Grade 10

The number 1 best vacation spot in the USA is Yellowstone. Yellowstone is filled with wildlife and hot springs. Several forests and geysers are all around the park. You can enjoy the view of beautiful meadows. Yellowstone is most known for its red canyon walls and Old Faithful. Some other main attractions there are the Yellowstone lake, The Grand Prismatic Spring, the Hayden Valley, the Norris Geyser Basin, and the Mammoth Hot Springs. Yellowstone is a very cool place, and I would definitely recommend visiting there.

### **Year in Review**

Lindsey A. Grade 9

Considering that it's the last Knights News of the school year. I thought I should write about some things that happened this year, to celebrate the end of the year. Things such as students going online for the second time, mask mandates being set and lifted, the vaccine coming out, and the ability to have a sports season this year. Everyone is truly grateful that things are slowly getting back to normal. This year the seniors went on a class trip and they got to have a real graduation. The juniors and seniors got to go to prom. All the high school got to have a normal sports season. The basketball and volleyball seasons all happened, and the track season is almost over. The elementary had their track and field day on Tuesday. The preschool and kindergarten classes had their graduation parade on Monday.

## **My school year in America**

Maddi Quadalti

This school year is going to end in a few days. The majority of the students are looking forward to the beginning of summer, some of us have waited for it the whole year, but not me. I'm an exchange student from Italy and the end of the school year for me means that I have to go back home soon. Yes, I'm excited to see my family and my friends again but also really sad because I have to leave the life I built here.

I arrived here on September 3rd; I was so scared of everything that was waiting for me but as soon as I got to know the family I spent 9 months with my fears gone away. I will never forget the first day of school: I was so confused, I had to ask to repeat what people said a hundred times, but I also sat next to the people who were going to be my friends for the whole year without even knowing it.

This was a tough year for everybody, Covid made things so hard, when I finally started to understand how things work here, to know more people and to feel more comfortable we went distance learning, but surprisingly it was fun thanks to my family, teachers, and classmates.

One of the best decisions I have made was joining basketball. I got to know my amazing teammates and coaches. I had the opportunity to play again after years and to be part of fun activities. It was hard to say goodbye to that. Then the spring season came, and I decided to join Track. I would have never thought that running could be fun, especially with my friends.

In Italy we have school dances, but we don't have anything like prom. I got to buy a long dress, get my hair and nails done and participate with some of my favorite people. Even the senior trip was amazing and so fun, we got lost in the mall of America, we played golf, whirly ball and met some interesting people!

I will never forget this experience and any of the people I met here. Thanks to the teachers who have taught me so much, helped me and always believed in me. Thanks to my family and friends for helping me and giving me the opportunity to live this amazing experience. It will be hard to say goodbye.

## **How to Keep Your Brain Active Over the Summer**

Dana Conley 11th Grade

Just as it's important to train your muscles in the off season, it's important to train your brain even when you aren't in school. There are many fun and engaging ways you can do this without making it feel like homework. Puzzles and reading are two good ways to do this.

One way to keep your brain active is to read. In order to enjoy this, find a good book that you are interested in and it would even be to your benefit if you just read for 15 minutes a day. The next way to help your brain is to work on puzzles such as crossword puzzles and sudoku. Puzzles can be done at any time of day in any situation, you could do puzzles in the car, on the lake, or even while watching T.V. Finally, you could take the time to think of one question you have about something that interests you. Once you think of your question, spend a few minutes researching it and try to find the answer. These are a few good ways to keep your brain active over the summer.

## Kids Thoughts



What are you most excited for this summer?

Aria: hanging out with friends

Brock: swimming

Emma: going to the lake

## Weekly Poll

Thing you're looking forward to this summer

59 responses

